

## Unit 8: Technical Skills and Tactical Awareness for Sport

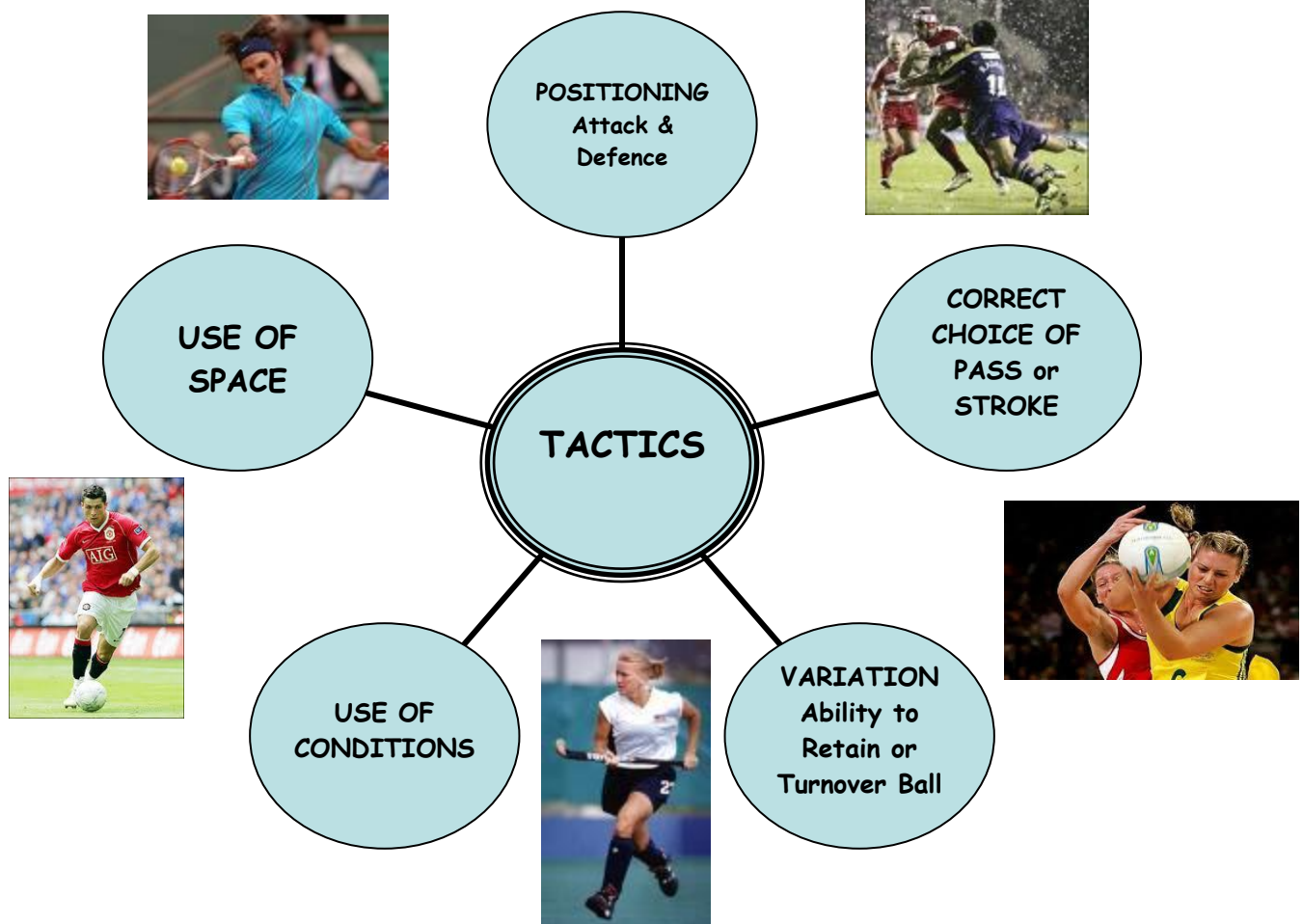
### Tactical genius!

Having great technique and skill is not always a guarantee of success....they need to be combined with tactical awareness as well.

Coaches will often spend hours and hours with their players/athletes trying to improve this aspect of their performance, but when they get out onto the pitch or playing arena it's all down to them.



Tactics vary from sport to sport, but can include:



**Shrewsbury College – Rugby Education Course – Summer Course Pre Work 1**

Give a detailed example of how tactics are used in each of the examples given on the previous page.

**Learners Name** .....

**SPORT - RUGBY**

**POSITIONING Attack and Defence**

**CORRECT CHOICE OF PASS/STROKE**

**VARIATION Ability to Retain or Turnover Ball**

**USE OF CONDITIONS**

**USE OF SPACE**